

Meat & Meet Market Beach BBQ Checklist

Beach BBQ's can be a fantastic day out however it's important to remember all the essentials! Ensure your BBQ is great rather than just good by using this Beach BBQ Checklist.

Food & Beverages

- Meat and veggies to grill.** Consider marinating them before you head to the beach. And to make grilling even easier make skewers up and place them in a Ziplock bag the marinade.
- Side salads.** Macaroni/pasta salad, garden, potato, coleslaw, couscous, rice and beans and tomato & cucumber are always winners. If you have the time you could also make up some fresh rice wrapper spring rolls.
- Other sides and appetizers.** Raw veggie platter with dip, taco dip and tortilla chips, fruit platter, pita chips and hummus, pickles, cheese and crackers. Consider extras to add to the main meal – peppers and onions, sliced onion, sliced tomatoes, bacon toppers, blue cheese, sliced cheese.
- Rolls.** Hamburger, hotdog or pitas.
- Condiments.** Ketchup, mustard, mayonnaise, hot sauces. Also, salt, pepper, steak seasoning, garlic salt, Cajun, etc.
- Beverages.** Water (lots of it), soft drinks, juices, wine, beer, mixed drinks and remember the ice! Also remember to cut up any drink extras like lemons, limes, and fruit.
- Dessert.** Brownies are always a winner.

BBQ Related Items

- Grill or grate
- Charcoal, wood or gas
- Fire starter liquid
- BBQ grill utensils – spatula, tongs, grill cleaning brush
- Paper towels
- Garbage bag (leave the beach cleaner than when you found it)
- Platter for meat/veg when cooked
- Plates
- Silverware/cutlery
- Napkins
- Cups
- Table or flat service to put all the food (or find a beach with picnic tables)
- Bottle opener/corkscrew
- Scissors and/or sharp knife

Beach BBQ Checklist (Continued)

Other Necessary Beach BBQ Must-Haves

- Music player and speaker
- Chairs or large picnic blanket
- Towels
- Bathing suit and change of clothes
- Water shoes
- Sunscreen
- Bug spray
- Hat and sunglasses
- Solar lights and flashlight (if it's going to get dark)
- Games, kite, sandcastle tools
- Toilet paper
- Mini First Aid Kit (band-aids, antibacterial ointment, etc. for small scrapes and bruises)
- Waterproof case for electronics
- Phone for camera, music and flashlight
- Pop up tent for shade

How Can Meat & Meet Market Help You With Your Beach BBQ?

To ensure your requests are available please call +1 (473) 410 6662 one day in advance to pre-order.

- Ready-made meat and vegetable skewers
- Chicken Crapaudine – a real crowd pleaser! Get a full chicken strategically flattened specially for the grill
- Beef, chicken and pork seasoned patties
- Sausages – Italian, chorizo, various other delicious blends
- Chicken breasts, legs and wings
- Steaks for grilling
- Homemade rolls and buns
- Side salads, ready to eat quiches and olives
- Sauces, marinades and toppers such as carnalized onions, garlic herb butter and goats cheese
- Local ripe seasonal vegetables
- Beer, wine and local Gin & Rum
- Soft drinks
- Desserts: Tiramisu, baklava, rum cake, cookies and pies

